

# The Successful Dilettante

from Susan Henderson

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## Greetings/News

### Welcome!

**A warm welcome to all you amazing creative multipreneurs.** Do you know how crazy I am about you? How could I not be? You are the most multifaceted, quirky, curious, freedom loving individuals on this good earth. I love quirky.

This ezine is for those of you who appreciate articles, tools, resources, interviews and book referrals that may assist you on your journey in redesigning a life that encompasses your many passions and interests. *I LOVE hearing from you so if you have suggestions or want to share your story with me, please email me.*

**Starting with this issue, I will be adding a little something extra just for the fun of it.** Something to make you smile, laugh out loud or perhaps touch you in a positive way. Today's link is a video that made me laugh and cry—but I'm sappy that way.

Be sure to read the story before watching the video. It's so cool.

<http://videos.komando.com/2008/06/26/christian-the-lion>

**I invite you to take advantage of me.** I have created a one stop *Tasty Bite of Coaching for Clarity* session for those of you who would love a power boost in clarifying where you are headed in the next six months and a 3-stage plan to get there. For a ridiculously low introductory price, you will not only come away more motivated and energized, but with your own recording of the call and a written summary in hand for when you get a little wonky and lose your way. Act quickly; the price goes up August 1<sup>st</sup>. <http://www.susanhenderson.com/tastybite.html>

**Don't forget to follow me on Facebook:** <http://profile.to/susanhenderson>

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## Featured Article: Perspective and the Macarena

Monday through Friday of every week, I find a personal note from the Universe in my email inbox. Well, yeah, I know there are thousands of earth souls receiving this same message from Mike Dooley, the creator of <http://www.tut.com>, but it's fun to believe the Universe is talking directly to me. So often the message of the day has been eerily timely... such as this one:

*"Tell me, when you think of taking consistent action in the general direction of your dreams, Susan, do you imagine discipline, stamina, work, sacrifice, monotony, courage, and strategies, or are you thinking adventure, discovery, new friends, excitement at the crack of dawn, magic, surprises, fun, laughter, and, on occasion, the Macarena?"*

*Cool! Me too, "HEY!"  
The Universe*

*PS. "Your chosen perspective, Susan, changes everything."*

Well, that's a no-brainer. I choose door number 2! I didn't always feel this way. I thought the first scenario was what work looked like, and the second was all about play and never the twain would meet.

I had a real Aha moment when the Universe gave me this poke in the ribs last week. Especially the PS. "Your chosen perspective, Susan, changes everything." I realized I had been receiving subtle, and not so subtle, signs of this truth in my life lately.

A few months ago on a Sunday, I trotted out to my car to run a quick errand. The back passenger side tire was completely flat. I studied it carefully to determine if it had human help getting that way. Two years ago, also on a Sunday, I trotted out to my car to discover that both tires on the passenger side were completely flat and had been slashed with a knife. Random. Not a good feeling.

So, I called my insurance company for emergency roadside service and they arranged for a tow truck to come out. The driver was cranky, told me the stem on the tire had been deliberately cut and when I thought out loud "Why would somebody do that?", he said it was the neighborhood I lived in. I tell you, this guy was rude and cranky! I knew from my former experience that there was a tire center open on Sunday, so he only had to fill it with air. He was less cranky then and went on his way.

But by now I am upset. I am ranting and raving about the neighborhood and that I am going to move. I've had it with neighbors who would slash your tires for the fun of it. Or toss a drink cup in your yard because they are too lazy to dispose of it properly. Or let their dog do his business by your tree. Blah. Blah. Blah.

I got to the tire center and settled in for what I was told might be a long wait in a hard plastic chair. It actually wasn't all that long before someone came out and told me that the tire stem had NOT been deliberately cut, but had heavy wear on it from taking corners too close and rubbing on the curb. Oops... guilty. They didn't even charge me for fixing it. Wow. What a good feeling.

My perspective was flip-flopping back and forth like a fish out of water that Sunday. The good part was that I got it. I became totally aware that I choose my perspective. I'd worked up a good head of steam over something that was not even true and was ready to sell my house and move. I bought into the cranky tow truck driver's perspective.

My true perspective is that I love my house, I like my neighbors, I don't mind picking up the stray litter and tossing it, and sometimes a dog's gotta go when it's gotta go. No big deal.

Whether it's work, play or the everyday happenings of life, I am choosing the perspective behind door number 2: *...adventure, discovery, new friends, excitement at the crack of dawn, magic, surprises, fun, laughter, and, on occasion, even the Macarena!*

With loving kindness,

Susan

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## Recommended Resources/Book Reviews

### **Steve Pavlina.com Personal Development for Smart People**

Steve Pavlina is widely recognized as one of the most successful personal development bloggers on the Internet, attracting more than two million monthly readers to his website. He has written over 700 articles and this website "contains enough free *personal development* material to fill more than 20 books."

Check out his July 17, 2008 blog post titled **What if You Have Many Different Interests and Cannot Commit to Any of Them?** It's not a quick read, but it's quite interesting. <http://www.stevpavlina.com/blog>

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## What Can Susan Henderson Coaching Do For You?

### **Put Me In Coach... I'm Ready to Play!**

I currently have openings for a couple of one-on-one clients who are ready to play a bigger game. If results are important to you, I invite you to contact me. We can chat awhile to learn if I am the right coach for you and you are the right client for me.

***The DIY Mastermind Group: Insider Secrets to Creating a Successful Mastermind Group of Your Own*** ebook (by yours truly) is available on my website at <http://tinyurl.com/2nyuhs>. Catch the summer sale for **30% off!**

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